

Bulletin

July
2012



St Albans • Harpenden • London Colney

BBQ Networking Lunch

Friday 6th July 2012

12.30pm onwards

The Fox
Luton Road
Harpenden
AL5 3QE



BBQ Networking Lunch

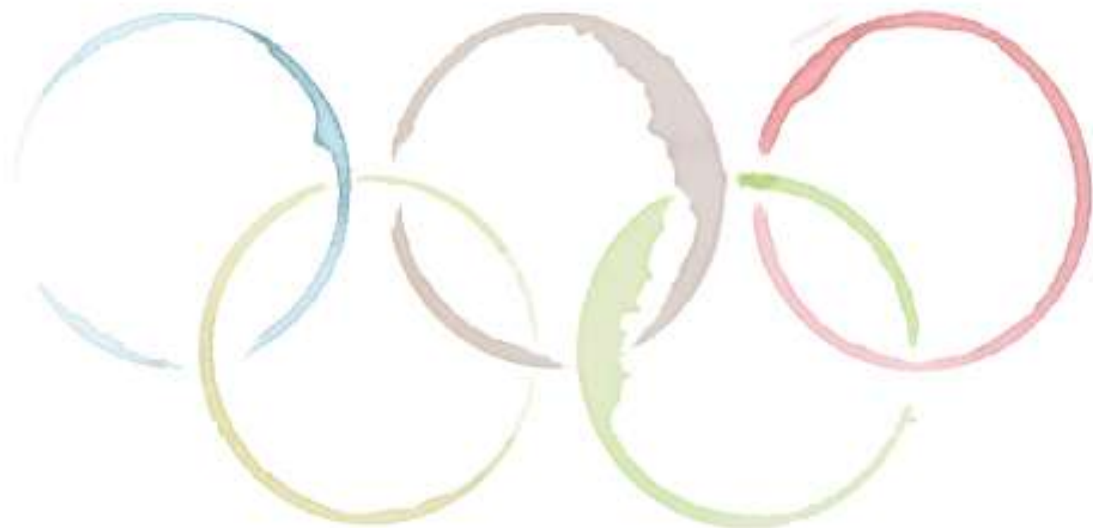
The majority of companies join the Chamber of Commerce to network. This is an informal networking lunch is an opportunity to introduce your company's products/services to other members and local Companies in a relaxed, friendly environment – a chance to make *new* business contacts in this stunning Harpenden Chamber venue.

Please remember to bring lots of business cards.

Join us for a full BBQ summer lunch and a welcome glass of bubbly and a glass of wine or beer too!

Don't Just Join..... Join in!
£25.00 (+ VAT) for members, £30.00(+VAT) for non-members
Book now online www.stalbans-chamber.co.uk/events

'Going For Gold'



Chamber 2012 Cocktail Party

**Celebrate London 2012 in spectacular style
at St Michael's Manor Hotel with the Chamber**

Thursday 2nd August 2012 at 5.30pm until 8pm

Enjoy themed Canapés and Cocktails whilst enjoying the live Olympic action on the big screen
Including: badminton, basketball, cycling, gymnastics but most importantly, Beach Volleyball!

There will be a volley ball challenge in the gardens on the day with prizes for the winners!

Bring your colleagues and clients along for a special treat to celebrate
and cheer on team GB in this perfect setting for a summer gathering after work
Tickets only £20.00 per person, which include canapés and two cocktails

(all guests will be offered priority booking to stay on for dinner at the hotel that day)



Book now online: www.stalbans-chamber.co.uk/buy-online/events/



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The Mad English Cycle Team....



Dear All,

My good pals and I (Paul Browning - Mark Bunting - Paul Small - Richard Marchand & Sam Skuce) are doing a **St Albans to Marbella, Spain 1200Km** charity cycle ride starting on the 16th October 2012 and arriving in Marbella, Spain 10 days and 1200 km later as part of the "**Los Loco Igleles**" otherwise known as "**The Mad Englishmen**" cycling team !!

The charities we are supporting are **Grove House Hospice** and **Great Ormond Street Hospital "GOSH"** of which both charities provide totally amazing support for all their patients and families.

We very much hope that you'll be able to support us, Grove House Hospice and Great Ormond Street and would be grateful for anything that you can give via the **link below**,

<http://uk.virginmoneygiving.com/PaulRosenthal>

We are also offering fantastic sponsorship opportunities whereby your company logo and strap line can be included on each of our cycling shirts and/or on our support van (which we are looking to have sign written in the next few weeks to obtain maximum exposure during the 4 months leading up to the event . Your company will also benefit from added exposure through editorials in the Herts Advertiser, The St Albans District Chamber of Commerce, live interviews with Radio Verulam, and the usual Social Media networks. Please ask one of us for details if we haven't already tapped on your shoulder!!

A little about GOSH...Great Ormond Street Hospital is full of remarkable children whose bravery touches everyone. With our help, they keep the magic alive for thousands of children who need our help every year. They need to raise over £50 million each year to make sure the hospital remains the world-class pioneering institution it is today. Support from fundraising events like this helps them to buy vital equipment, fund pioneering research and most importantly rebuild and refurbish some of their hospital site. This redevelopment will allow them to replace inconvenient, cramped out-dated wards with new facilities where parents can sleep alongside their child and will mean that children have more space in which to get well.

A little about Grove House Hospice....Grove House believe everyone affected by cancer or life-threatening illness has the right to access specialist care to have the best possible quality of life. They work proactively with patients, families and other healthcare professionals. Every week Grove House offers over 150 treatments and consultations to patients, their families and carers at Grove House or at home. All services are free of charge. Each patient's care is tailored to his/her own needs, for example pain reduction/symptom control from the specialist nurses, help with mobility from the physiotherapist or occupational therapist, or spiritual or emotional support and counselling from the spiritual care and family support team. We also provide respite support and counselling for carers who can become overwhelmed or exhausted and rarely receive any support themselves. Above all Grove House is about valuing life.

(Please accept my apologies if you've already had an email from Paul, Mark, Richard, Paul, June, John and Barry – you need only sponsor us once!)

Thanks again

Paul Rosenthal
Amthal Fire & Security & St Albans Chamber of Commerce Director

Chamber Community Business Awards 2012

In recognition of the contribution of business to the
community of the St Albans District



THE SIX CATEGORIES ARE:

GREEN AWARD *sponsored by St Albans District Council*

YOUNG PERSON *sponsored by Oaklands College*

CORPORATE SOCIAL RESPONSIBILITY *sponsored by Harpenden Building Society*

NEW BUSINESS *sponsored by Debenhams Ottaway Solicitors*

BEST RESTAURANT *sponsored by Hertfordshire Life Magazine*

THE PRESIDENTS AWARD *sponsored by Hertfordshire Business Independent*

Nominate today, it really does only take 5 minutes to do so!

Any business or individual in the St Albans District is eligible for nomination and the award in each category will be judged by the St Albans District Chamber of Commerce. The Community Business Awards are recognition of the contribution of business to the community of the St Albans District. You can nominate yourself, your business, or any other individual or business for one or more of the awards.

Shortlisted nominees could win one of the six awards at our Presentation Party on Thursday 27th September, 2012.

Please download this entry form and mail it to us. Alternatively send us an e-mail marked "Awards" containing the information in the entry form, using the following email address: awards@stalbans-chamber.co.uk. **CLOSING DATE: FRIDAY 29th JUNE 2012**

<http://www.stalbans-chamber.co.uk/chamber-community-business-awards-2012/>



St Albans • Harpenden • London Colney

kindly Sponsored by

bre

Business Breakfast Meeting

Wednesday 22nd August
2012

7.30am – 9.30am

BRE Innovation Park.

Bucknalls Lane

Watford

Herts WD25 9XX

BRE is an independent and impartial, research-based consultancy, testing, certification and training organisation, offering expertise in every aspect of the built environment and associated industries.

Come along to the first Chamber Business Breakfast at the BRE Innovation Park, home to some of the world's most sustainable buildings, landscape designs and a host of innovative low carbon products, materials and technologies.

BRE have recently joined the Chamber and following breakfast there will be a brief presentation introducing the company, who they are, what they do and their plans for the future.

There will also be an opportunity to take a tour giving delegates an insight into some of the buildings on this vast site on the outskirts of St Albans

Come along and meet like minded business delegates at this new Chamber Business Venue

Our events do sell out quickly so please book early to avoid disappointment!
There are limited places available at this event

£21 (plus VAT) for members, £26 (plus VAT) for non-members.

Book now on-line www.stalbans-chamber.co.uk/buy-online/events/

Or email your booking to us
office@stalban-chamber.co.uk **and we will invoice you directly**

Don't Just Join.....Join in !!!!

New Members

We welcome the following companies to the Chamber:

Chilli Bar & Kitchen
Restaurant
28—30 London Road
St Albans
Herts
AL1 1NG
Tel: 01727 840100
Contact: Mr. A. Kashim
Email: akashim1@sky.com

Curtain Design Workshop
Bespoke Design & Installation of Home Interiors
Unit 1, Ground Floor
Stroudwood Business Centre
Frogmore
AL2 2NJ
Tel: 01923 681260
Www.curtaindesignworkshop.co.uk
Contact: Lisa Pearson
Position: Owner
Email : lisa@curtaindesignworkshop.co.uk

Solarior Racing LLP
Race horse Syndication & Hospitality
The Cottage
3 Castle Hill Farm
Castle Hill
Berkhamsted
Herts
HP4 1HH
Tel: 01442 877597
Www.solarioracing.com
Contact: Simon Double
Position: Racing Manager
Email : info@solarioracing.com



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Piano Recital



by Julian Trevelyan

Wednesday 11th July 7.30pm
St Saviour's Church, Sandpit Lane, St Albans

This recital will support the work of the Alex Curtis Memorial Trust. ACT promotes awareness and good management of asthma for young people. The charity was set up in memory of Alex Curtis, who died from an acute asthma attack when he was 17 years old. Peter Curtis, Alex's father, will make a short appeal.



Beethoven Sonata Op.109,
Schubert 4 Impromptus,
Chopin Scherzo No. 3, and more ...

Entry FREE – retiring collection in aid of ACT



Spike Snaps

You all know Spike Brown the Chamber Photographer pictured above.

Spike has created a designated Facebook page where all photos from Chamber and other Hertfordshire community events can be viewed, including the networking lunch in May, the St George's Day photos & last months Midnight Walk in aid of Iain Rennie Grove House Hospice.

Here is the link to subscribe

<http://www.facebook.com/SpikeSnaps>



Property losses- do I need a tax return?

Q: I have a Buy to Let property, but because of the size of the mortgage, I do not make any profit from it. I am employed and have never submitted a tax return before- do I need to now?

A: Although you have no income to tax from your property, you would probably benefit from informing HM Revenue & Customs (HMRC) of the losses, which you can do by submitting a tax return.

This will allow you to then carry forward the losses and offset them against future profits you make from the property. So it could save you tax in the long-term!

Please note, you are obliged to submit a tax return if your gross rents (i.e. the income from the property before deducting any expenses) be over £10,000 per annum. This is irrespective of whether the property is profitable or not.

If you would like some assistance in registering with HMRC and completing your tax return, please feel free to get in touch with your local TaxAssist Accountant.

markfordham@taxassist.co.uk

Members' Offers — A Reminder

The Chamber promotes trade between members and we have an area on our website to specifically publicise offers between members for services.

If you would like to add any ongoing offers on our website please email them to me lisa@stalbans-chamber.co.uk with subject: MEMBERS OFFERS