

May
2014

Bulletin

ST ALBANS DISTRICT CHAMBER OF COMMERCE

COMMUNITY
BUSINESS
AWARDS

2014



Sponsored by
Debenhams Ottaway, Harpenden Building Society, The Herts Advertiser, Oaklands College,
Rayner Essex, St Albans City and District Council and St Albans District Chamber of Commerce

ST ALBANS CATHEDRAL
Thursday 25th September 2014

Forthcoming Events

Speed Networking

Host: June Cory

Venue : The Bistro, Westminster Lodge

Wednesday 21st May 2014 6.00pm

£22.00 Members

£26.00 Non Members

BOOK NOW ONLINE

Business Breakfast with IoD

Speaker: Mark Rhodes

Venue : St Michaels Manor Hotel

Wednesday 11th June 2014 7.30am

£21.00 Members

£26.00 Non Members

BOOK NOW ONLINE

Networking Lunch

3 courses with wine

Host: Peter Goodman

Venue : Freddie's

Friday 27th June 2014 12.30pm

£30.00 Members

£35.00 Non Members

BOOK NOW ONLINE

Business Breakfast

Speaker: The City Centre Partnership

Venue : Cote Brasserie

Wednesday 9th July 2014 7.30am

£21.00 Members

£26.00 Non Members

BOOK NOW ONLINE

All Chamber events can be booked
on our website:

<http://www.stalbans-chamber.co.uk/buy-online/events/>

Chamber Community Business Awards 2014

Our Sponsors:



chartered accountants
and business advisers

DEBENHAMS OTTAWAY
SOLICITORS



OAKLANDS COLLEGE

The Hertfordshire

BUSINESS
independent



The Herts
ADVERTISER 24

Chamber Community Business Awards 2014

On the 25th September 2014 the district's business people will come together, in the spectacular setting of St Albans Cathedral for the St Albans District Chamber of Commerce Community Business Awards 2014.

These awards celebrate the outstanding contribution of business to the community of the St Albans District. They are based not solely on successes and achievements but also upon the impact of those achievements on the business community and the people working within it.

The Awards are open to all businesses whose business strategy encompasses policies and projects that have a positive impact on St Albans District. The activities should bring about economic, social or environmental benefits for the community.

Any business or individual in the St Albans District is eligible for nomination. You can nominate yourself, your business, or any other individual or business for one or more of the awards. (event sponsors are excluded from entry) Up to 5 finalists will be selected in each category. The Awards will be judged by the St Albans District Chamber of Commerce.

Please download the nomination form from our website and complete in full, feel free to include any additional information if you feel it is relevant. You can also just email a nomination to awards@stalbans-chamber.co.uk marking the email "awards" please ensure it contains the information in the nomination form.

The deadline for nominations is at 5pm on June 30th 2014

The categories are:

- **Presidents Award** - Sponsored by Hertfordshire Business Independent
- **New Business Award** - Sponsored by Debenhams Ottaway Solicitors
- **Young Person Award** - Sponsored by Oaklands College
- **Green Business Award** - Sponsored by St Albans District Council
- **Corporate Social Responsibility Award** - Sponsored by Harpenden Building Society
- **Business Leader of the Year** - Sponsored by Rayner Essex Accountants
- **Best Restaurant** - Sponsored by The Herts Advertiser

Tickets to the Awards Evening will be on Sale from July 1st

More information: <http://www.stalbans-chamber.co.uk/chamber-community-business-awards-2014/>



Chamber Speed Networking with a buffet & glass of wine

Wednesday 21st May 6.00pm at
The Bistro, Westminster Lodge Leisure Centre
Holywell Hill
St Albans
Herts
AL1 2DL



SPEED NETWORKING

The fastest and most cost-effective way to positively promote your business - and it's really good fun!

GET MORE BUSINESS FAST - book now for Business Speed Networking hosted by June Cory of My Mustard. Speed-Networking works like speed dating - only you make lots of new business contacts, not romantic ones!

In fact, you'll make more business contacts in just one evening of Speed-Networking with us than in weeks of what we call ordinary "slow" business networking. It's remarkably cost-effective and gets you great results for your business.

Many people tend to gravitate towards those they may already know at networking events, never getting the opportunity to meet others who could be great business contacts. Come along to this event and meet every single delegate! Market your business effectively and enjoy a buffet and a glass of wine at this superb new Chamber venue. All delegates will receive a tour of the facilities and will be entered into a draw for a free membership Verulamium Spa!

PLEASE BOOK EARLY AS SPACES ARE LIMITED

£22 (+VAT) for members
£26 (+VAT) for non-members

Non members welcome as guests

BOOK NOW ONLINE

<http://www.stalbans-chamber.co.uk/buy-online/events/>



Chamber Networking Lunch

Friday 27th June 2014

12.30pm

Freddie's

Adelaide Street

St Albans AL3 5BG



St Albans • Harpenden • London Colney

Networking Lunch and Business Card Exchange

The majority of companies join the Chamber of Commerce to network. This informal lunch is an opportunity to introduce your company's products/services to other members and local companies – a chance to make *new* business contacts in this fantastically reliable award winning Chamber restaurant.



Don't Just Join..... Join in!

£30.00 (+ VAT) for members

£35.00 (+VAT) for non-members

Book now online www.stalbans-chamber.co.uk/events



Many Chamber members took part in the first ever St Albans Mayors Sprint Triathlon at Westminster Lodge on Sunday 11th May including our Executive Director, Lisa Bates.

It was a great community event and very well organised by the Everyone Active Team St Albans.

Participants started with a 5k spin on bikes, 200M swim then a 3k run around the park. Sponsorship raised thousands for the nominated charity Grove House Hospice.

This is going to be an annual event so next time we hope to see even more chamber members taking part, or perhaps even the Aquathon at the end of June? Details below

2014 A NEW CHALLENGE FOR ALL THE FAMILY!

AQUATHLON SERIES
TRY YOUR LOCAL ONE OR COMMIT TO ALL 3!

- **27th April**
Hartham - 2 distances
200m swim and 2k run*
400m swim and 5k run*
Call 01992 584000
- **29th June**
Westminster Lodge
Leisure Centre
400m swim and 5k run*
Call 01727 736 080
- **21st September**
Watford Leisure
Centre Woodside
400m swim + 5k run
PLUS kids distances also**
Call 01923 892710

ALL ENTRIES WILL RECEIVE A FREE TRAINING PLAN* AT EVERYONEACTIVE.COM & 25% OFF MEDICINE RANGE 40445*



Lisa with medal and certificate having completed the event

The Aquathon series comes to Westminster Lodge on 29th June. 400M swim and a 5K run.

To register call 01727 736080

Download an entry form online at www.everyoneactive.com or see a member of the Fitness/swim team



[everyoneactive.com](http://www.everyoneactive.com) [facebook](https://www.facebook.com/everyoneactive) [twitter](https://twitter.com/everyoneactive)



St Albans • Harpenden • London Colney



Business Breakfast Meeting

With special guest speaker **Mark Rhodes**



Wednesday 11th June 2014
7.15am – 9.30am
St Michael's Manor Hotel
Fishpool Street
St Albans
Herts AL3 4RY

**We are pleased to have secured the author of the book
“Think Your Way to Success” to speak....just for you....
and receive a signed copy with the compliments of WMT**

Mark is proud to be a hand-picked Millionaire Mentor for the EBA, chosen by Bev James, Founder & MD. The Entrepreneurs Business Academy is a joint venture with BBC TV's Dragons' Den Star, James Caan

"The crème de la crème of business mentors.....to raise your business to the next level"

Careers Magazine, September 2010



We are very pleased to have secured Mark Rhodes as the speaker for this event and to be able to provide you with the opportunity to hear Mark speak . Mark is an entrepreneur, business mentor and in demand speaker, who started, built and ran his own Internet Software Company in the 2001 - successfully selling to a USA Silicon Valley organisation in 2001. After selling his company he retired for 15 minutes before getting bored!

He then went on to discover what had made him successful and now spends his time helping others achieve their own dreams and success.

Mark will speak for 1 hour at this seminar about how anyone can achieve success in life and spot the opportunities they are probably missing on a daily basis but are already there. Mark will also share some top strategies for winning more sales or clients

I know that there are hundreds of people who are more focused and more successful today because of the help Mark has given them

Bev James, CEO The Coaching Academy and MD of the EBA.

You can find out more about Mark at www.markrhodes.com

Our events do sell out quickly so please book early to avoid disappointment as places are limited!

£21 (plus VAT) for all attendees

Book now on-line www.stalbans-chamber.co.uk/buy-online/events/

The Chamber Website is Upgrading...

Dear Chamber members,

We have recently upgraded the functionality of our website, we can now list much more information about you on our members directory.

Please could you provide us with your company URL links to each of the following:

- **Twitter**
- **Facebook**
- **LinkedIn**
- **Gmail**

We also would like you to send us your company logo as a jpg with a width of 250 pixels.

In addition, a brief description about the services you offer with a maximum of 150 characters, this includes spaces. This should summarise what you do in a similar way to your own 'About Us' webpage.

Here is an example of how it will look with all the social media links in place:

<http://www.stalbans-chamber.co.uk/member/345-my-mustard/>

This is also a good opportunity to let us know if any of the contact details have changed.

Please send to admin@stalbands-chamber.co.uk

We look forward to hearing from you!

Kind regards,

The Chamber Team :)



You are invited to attend the
CHARITY FASHION SHOW



*St Michael's Manor Hotel
in The Orangery
Fishpool Street
St Albans
Herts AL3 4RY*

*Monday
23rd June 2014
From 7.00pm*

Photo by Swamibu

IN SUPPORT OF DEMAND - DESIGN AND MANUFACTURE FOR DISABILITY

This glamorous event will feature a catwalk style fashion show showcasing a wide range of ladies clothing from major high street stores. All clothing will be for sale after the fashion show at reduced prices, with plenty of bargains and all proceeds going to this wonderful charity.

A wide range of clothing styles and sizes will be available to suit ladies of all ages, so gather your girlfriends, mothers and daughters for a fun ladies night out. Don't miss out!

By designing, making and refurbishing specialist, and often transformative, equipment, DEMAND helps thousands of people every year to have a better life experience at home, at work and at play.
www.demand.org.uk

With thanks to the management team at St Michael's Manor Hotel for its kind provision of the wonderful venue for this event.
www.stmichaelsmanor.com

Tickets are £15.00 each

(with a glass of wine or soft drink)

To purchase, please visit our website and click on EVENTS:

www.demand.org.uk

For further information please contact:

**Denise Gillies, Regional Fundraising
Manager at DEMAND
Tel: 01923 681 800**

With thanks to



Registered Charity number:
1008128

ST MICHAEL'S MANOR HOTEL

Don't Just Join.....Join in !!!!



Follow us on twitter!
@stalbanschamber

New Members
We welcome the following
companies to the Chamber:

Michael Bartlet
Mediation & Alternative Dispute Resolution
48 Portland Street
St Albans
Hertfordshire
AL3 4RB
Tel: 01727 869654
Contact: Michael Bartlet
Position: Director
Email: michael@mjgbartlet.plus.com

Jarvis Homes
Property Development
1 Waterside
Station Road
Harpenden
Hertfordshire
AL5 4US
Web: www.jarvishomes.co.uk
Tel: 01582 711789
Contact: Michael Peters /Michael Margereson
Position: Directors
Email: mpeters@jarvishomes.co.uk

Nhance Independent Ltd
Independent Financial Advisors
2nd Floor, New Barnes Mill
Cotton Mill Lane
St Albans
Hertfordshire
AL1 2HA
Tel: 0845 1300901
Web: www.nhance-independent.co.uk
Contact: Michelle King
Position: Practice Manager
Email: michelle.king@nhance.org

Firarosa Ltd
Chartered Accountant, Business Consultant
6 Slades Hill
Enfield
Middlesex
EN2 7DH
Tel: 0771 877 8570
Contact: John Bourdeaux
Position: Consultant
Email : john@firarosa.com

Solo Office Products Ltd
Office, print and furniture supplies
Unit 7G, St Albans Enterprise Centre
Long Spring
Porters Wood
St Albans
Hertfordshire
AL3 6EN
Tel: 01727 848585
Contact: Steve Robinson
Position: Sales Director
Email : steve@solo-officeproducts.co.uk